



# FACT SHEET – COGNITIVE ASSESSMENT

Thank you for contacting Caterpillar Clinic regarding your child undergoing a cognitive assessment. We wish to provide you with the following information regarding the assessment so you know in advance what to expect and any steps you may need to take to be prepared on the day.

The assessment involves two-parts:

**a. Direct administration of the formal assessment tool (WPPSI-IV or WISC-V)**

- This is a child-only session where the clinician will complete the formal assessment with your child. Each assessment has up to 16 subtests to be administered.
- The assessment takes between 1.5-2 hours generally.
- Assessments are usually completed in the morning when children are most rested/alert.

- Try to ensure your child has a good night's sleep and has eaten prior to the assessment.
- Breaks can be given during the assessment to allow for toileting, food and/or drink.
- We usually request that parent(s) stay in the waiting room during assessment. However, for younger children or those who experience anxiety, a parent may be present. We ask that no interaction with the child or clinician takes place during the assessment, to minimise any distractions. General encouragement can be given if necessary (e.g., "You're doing a great job!").
- If your child regularly takes medication (e.g., Ritalin, Vyvanse, Intuniv, Risperidone etc), please ensure this is taken at their normal time.

**b. Adaptive Behaviour Assessment System 3<sup>rd</sup> Edition (ABAS-3)**

- This is electronically sent to parent(s) and (if relevant) a teacher who knows the child well. It is a questionnaire that asks about everyday living skills across several different areas (e.g., Communication, Functional Academics, Social Skills, Self-Help skills etc). It provides us with a profile of the child in comparison to other children their age to see whether their everyday living skills are age-appropriate or delayed, and if so, in which areas.

Please feel free to send through any previous reports or assessments that have been completed

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for your child prior (e.g., speech language, occupational therapy, cognitive etc).

No Medicare rebates are available for these assessments.

Reports must be paid for in full before they can be released.

The report takes 2-3 weeks to compile. It will then be sent electronically directly to the referring medical professional (if applicable) and copied to the referring parent. Any other parties to be given copies are to be advised on the initial consent form. The report belongs to the referring parent(s) and can be distributed to whomever they see fit once the report is completed.

Please arrive to the Clinic a few minutes before your appointment to complete any paperwork needed and ensure your child settles into the setting.

We look forward to seeing you at  
the Clinic!

